

SPHE: Myself and Others -Friendship

✚ Here are some stories that promote friendship. Why not find a comfy  and curl up and

listen  to the stories below.

‘The Boy, the mole, the fox and horse’ By Charlie Mackesy. This story is about kindness, friendship and believing in yourself.

<https://www.youtube.com/watch?v=GcQa4iJAYQw>

‘Giraffes Can't Dance’ By Giles Andreae is a touching tale of Gerald the giraffe, who wants nothing more than to dance. With crooked knees and thin legs, it's harder for a giraffe than you would think. Gerald is finally able to dance to his own tune when he gets some encouraging words from an unlikely friend. With light-footed rhymes and high-stepping illustrations, this tale is gentle inspiration for every child with dreams of greatness.

<https://www.youtube.com/watch?v=o0wweS8P-tY>

✚ Play a **Social Distanced** game. While we are at home from school we miss our friends a lot. Play a game outdoors, on your street, if it's safe, or in the park with your friends, brothers or sisters!

Here is a game that is fun to play with others and safe too.

The Hunted (hide and seek)

- In this game all children seek one friend in particular. Everyone covers their eyes and counts to a particular number while one friend goes off to hide, aiming to find an especially difficult place.
- The friend who is hiding is able to change their hiding place throughout the duration of the game. Care must be taken not to be seen, as being seen means being caught.
- whoever catches this friend can hide in the next game.

✚ Try a Cosmic Kids Yoga video. Do yoga while listening to the story of ‘Frank the Frog’ how does frank show that he is a good friend?

https://www.youtube.com/watch?v=TY8xx7c6_z0&list=PL8snGkhBF7njrUhs5eVsoc4YkEGOLgfiq

- ✚ Write or draw a picture of what a good friend is

The Good Friend List

This is a simple, straightforward activity in which children are asked to list what qualities make a good friend. **For example, someone who shares toys, someone who doesn't yell, etc.**

- ✚ Try some of these **friendship challenges!**

- Write a letter and post it to your friend
- Phone or Video call your friend and ask them how they are?
- Draw a picture of you and your friends playing
- Play a virtual board game with your friends

<https://www.safekidgames.com/snakes-and-ladders/>

- Print a friendship colouring page

<https://www.crayola.com/free-coloring-pages/people/family-and-friends-coloring-pages/?page=1&count=24>



and have FUN !