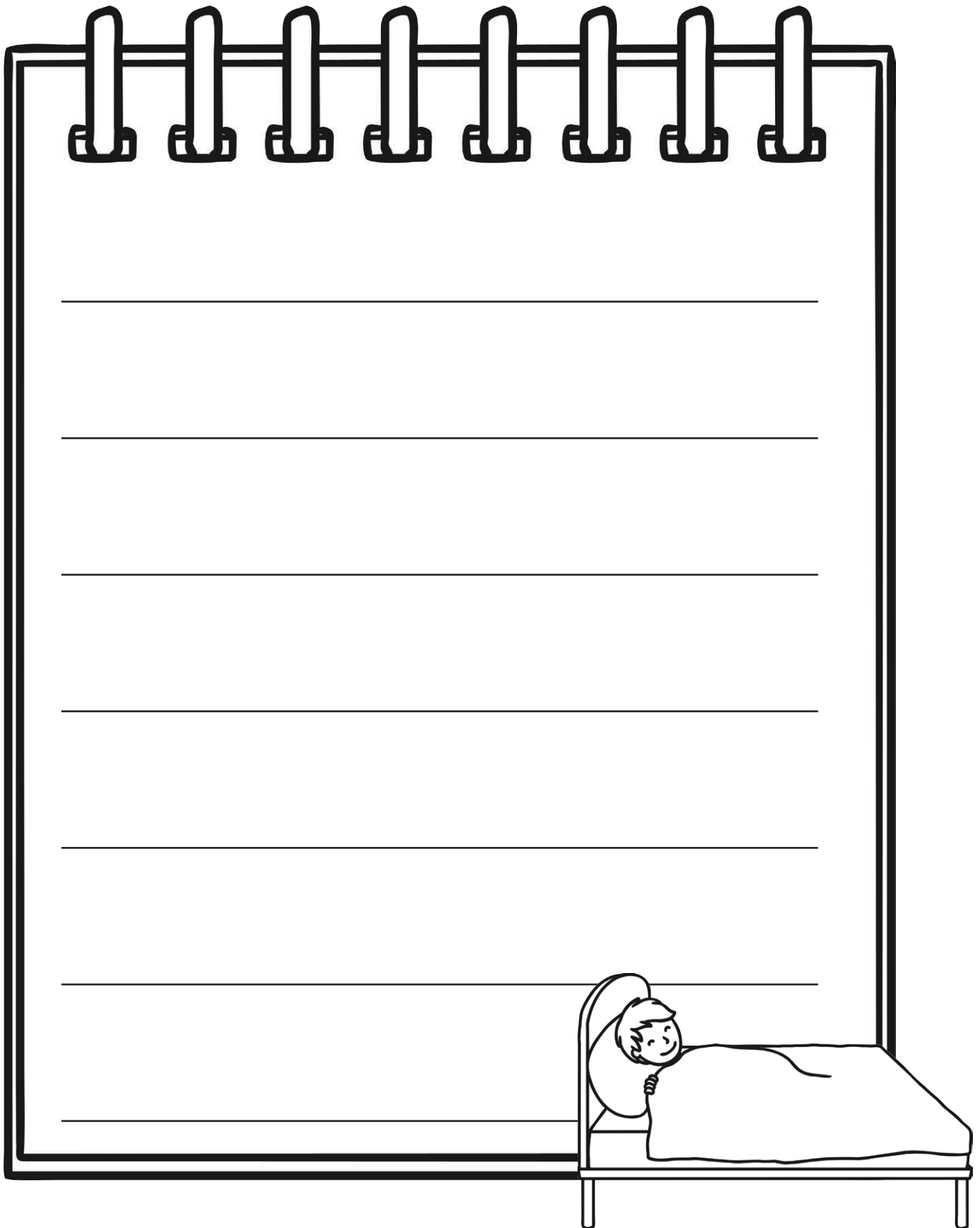


Getting Ready for a Sleep

What things do you need before you can go to sleep?



A large spiral-bound notebook is shown, with the spiral binding at the top. The notebook has several horizontal lines for writing. At the bottom right corner of the notebook, there is a simple line drawing of a child lying in bed, tucked under a blanket, with their head on a pillow. The child appears to be sleeping or resting.