







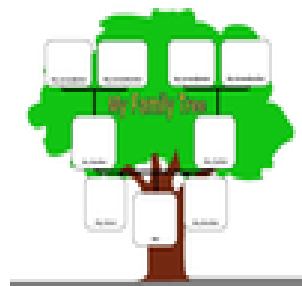


My Family

Family Units are not all the same. There are many different types of Family Unit in modern society. Families take care of, respect, love and support each other. Each member of the Family has a place and role in the Family and each individual makes a contribution to Family Life.

Can you make a Family Tree. You could paint or colour the Tree. Cut out a couple of pieces of paper and draw and colour pictures of yourself and members of your family. Stick the pictures onto the Tree (see below) put the oldest members of your family at the top of the Tree and the youngest members of your family at the bottom of the Tree. Below are some of the people you could include on the Family Tree. You may want to include others.

<p>Mother</p>  <p>Mam/Ma</p>	<p>Father</p>  <p>Dad/Da</p>	<p>Sister</p> 	<p>Brother</p> 
<p>Grandmother</p>  <p>Grandma</p>	<p>Grandfather</p>  <p>Grandad</p>	<p>Aunt</p> 	<p>Uncle</p> 



Can you answer the following questions about your Family;



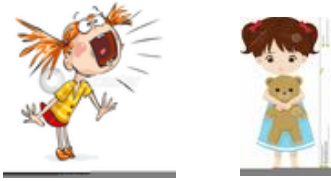





- Who are the members of your Family?**
- How does your Family spend time together?**
- How does your Family take care of each other?**
- How do you help in your Family?**
- What makes your Family unique?**
- Describe a special time you spent with your Family?**
- You might like to write a sentence or two about some of the members of your Family.**

My Friends


The positive aspects of Friendship include talking together, spending time together, helping each other and sharing with each other.

Friends help and care for each other and are kind to each other.

Look at the pictures below can you sort the pictures into two Groups. The pictures which show positive aspects of Friendship and the pictures which show negative aspects of Friendship. Look, read and discuss the pictures.

<p><i>Spot the Positive Friendship pictures</i></p>  <p><i>Thumbs up</i></p>	<p><i>Spot the negative Friendship pictures</i></p>  <p><i>Thumbs down</i></p>
 <p><i>Yells at you</i></p>	 <p><i>Is Thoughtful and kind to you</i></p>
 <p><i>Plays with you</i></p>	 <p><i>Ignores you</i></p>
 <p><i>Pushes you</i></p>	 <p><i>Reads with you</i></p>
 <p><i>Laughs with you</i></p>	 <p><i>Won't share or listen to you</i></p>






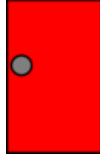






 *What other positive aspects of Friendship can you think of?*


 *Draw a picture of your friend or friends and write one or two sentences about them.*

It is nice to be Kind, Caring and Helpful to Family Members and Friends

*It is nice to be Kind, Caring and Helpful to Family Members and Friends.
Below are some of the Activities you could do to show you are being Kind, Caring and Helpful to Others.*

Select one or two Activities from the list below to practice and do each day.

<p><i>Write a kind Note</i></p> 	<p><i>Listen to a Friend</i></p> 
<p><i>Tidy your Bedroom</i></p> 	<p><i>Let someone else go first</i></p> 
<p><i>Spend time with a Friend</i></p> 	<p><i>Hold the Door open for others</i></p> 
<p><i>Help around the Home</i></p> 	<p><i>Say something nice to someone</i></p> 
<p><i>Smile at someone</i></p> 	<p><i>Share with someone</i></p> 
<p><i>Play together</i></p> 	<p><i>Say "please" and "thank you"</i></p> 

 *Can you think of any other Activities you could do to show you are being Kind, Caring and Helpful to Family Members and Friends.*