



Free Access to Daily Fitness Class @2.30pm



School Fitness Ireland

Monday - Friday @ 2:30 p.m a new class is uploaded

Each class is available to children whenever wanted so that they can
Pause, Rewind and Learn all at their own pace

This Free Access Link is Valid from February 1st - February 28th

<https://club.schoolfitnessireland.com/register/free-access-until-feb-28th-2021/>

1.) Keep Kids Engaged for a Full 30 minutes

2.) Help Kids to Find the Fun in Fitness

3.) Encourage Kids to Develop a Deep Rooted Love for Fitness