

*All workshops and groups must be pre-booked.
*Schedule is subject to change.

February 2022 Parenting Workshops



DATE		TOPIC	TIME	VENUE
Tuesday 8th February 2022		Discussion Group: Developing Good Bedtime Routines	9.30am-11.30am	Zoom
Wednesday 16th February 2022		Discussion Group: Dealing with Disobedience	6.00pm-8.00pm	Zoom
Wednesday 23rd February 2022		Discussion Group: Managing Fighting and Aggression	9.30am-11.30am	Zoom
TBC		Triple P 8 Week Group	TBC	TBC
TBC		Triple P Stepping Stones 8 Week Group	TBC	TBC
TBC		Circle Of Security 8 week Group	TBC	TBC

Triple P offers simple, practical strategies that have been proven to work, helping parents raise happy, confident children

Will help you to better understand and respond to the needs of your children by creating a more secure relationship with your child

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