

DUBLIN ST. FRANCIS JUNIOR

CHILD'S NAME: \_\_\_\_\_

TEACHER/CLASS: \_\_\_\_\_



# CARAMBOLA

MONDAY		
A	Chicken Curry with Rice 7, H	
O	Pasta Tomato Mozzarella 1,7,V	
D	Chicken Dinner with Mash and Veg 7,H	
B	Chicken Goujons with Cubes and Peas 1,3,4,6,7,10,12,H	
C	Fish Fingers with Mash and Peas 1,4,7,V	
E	Vegetable Curry with Brown Rice 7,V	
X	Pizza Roll with Chicken and Cheese 1,3,7,12,H	
G	Meatballs with Pasta 1	
L	Sausages with Cubes and Beans 1,9	
K	Lasagna with Potato Cubes 1,7,10	
H	Roll with Sausages 1,9,12	
S	Carbonara 1,6,7	
T	Veggie Sausage in a Roll 1,6,9,12	

TUESDAY		
A	Chicken Curry with Rice 7,H	
O	Pasta Tomato Mozzarella 1,7,V	
D	Chicken Dinner with Mash and Veg 7,H	
B	Chicken Goujons with Cubes and Peas 1,3,4,6,7,10,12,H	
C	Fish Fingers with Mash and Peas 1,4,7,V	
E	Vegetable Curry with Brown Rice 7,V	
N	Beef Bolognese with Pasta 1	
L	Sausages with Cubes and Beans 1,9	
F	Taco Cubes with Mixed Cheese 1, 7	
S	Carbonara 1,6,7	
P	Cottage Pie 7,8,11	
U	Three in One 7	

Wednesday		
A	Chicken Curry with Rice 7, H	
O	Pasta Tomato Mozzarella 1,7,V	
D	Chicken Dinner with Mash and Veg 7,H	
B	Chicken Goujons with Cubes and Peas 1,3,4,6,7,10,12,H	
C	Fish Fingers with Mash and Peas 1,4,7,V	
E	Vegetable Curry with Brown Rice 7,V	
X	Pizza Roll with Chicken and Cheese 1,3,7,12,H	
G	Meatballs with Pasta 1	
L	Sausages with Cubes and Beans 1,9	
K	Lasagna with Potato Cubes 1,7,10	
F	Taco Cubes with Mixed Cheese 1, 7	
S	Carbonara 1,6,7	
U	Three in One	

THURSDAY		
A	Chicken Curry with Rice 7, H	
O	Pasta Tomato Mozzarella 1,7,V	
D	Chicken Dinner with Mash and Veg 7,H	
B	Chicken Goujons with Cubes and Peas 1,3,4,6,7,10,12,H	
C	Fish Fingers with Mash and Peas 1,4,7,V	
E	Vegetable Curry with Brown Rice 7,V	
N	Beef Bolognese with Pasta	
L	Sausages with Cubes and Beans 1,9	
F	Taco Cubes with Mixed Cheese 1, 7	
S	Carbonara 1,6,7	
P	Cottage Pie 7,8,11	
U	Three in One 7	

FRIDAY		
A	Chicken Curry with Rice 7, H	
O	Pasta Tomato Mozzarella 1,7,V	
D	Chicken Dinner with Mash and Veg 7,H	
B	Chicken Goujons with Cubes and Peas 1,3,4,6,7,10,12,H	
C	Fish Fingers with Mash and Peas 1,4,7,V	
E	Vegetable Curry with Brown Rice 7,V	
X	Pizza Roll with Chicken and Cheese 1,3,7,12,H	
G	Meatballs with Pasta 1	
L	Sausages with Cubes and Beans 1,9	
K	Lasagna with Potato Cubes 1,7,10	
R	Crispy Chicken Roll 1,3,4,6,7,10,12,H	
S	Carbonara 1,6,7	
T	Veggie Sausage in a Roll 1,6,9,12	